

# Earplug Fitting Instructions

HOWARD LEIGHT

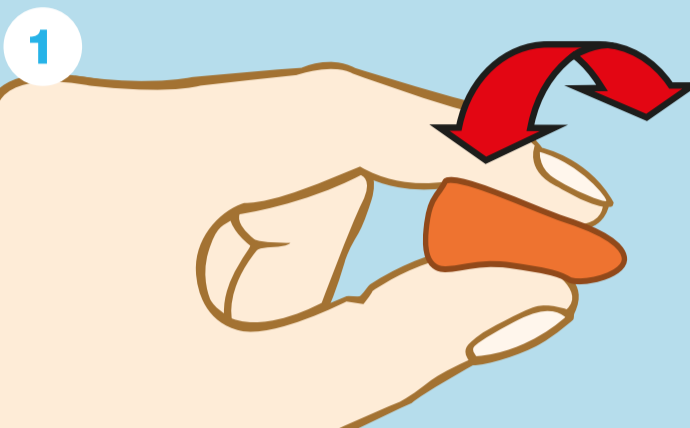
by Honeywell

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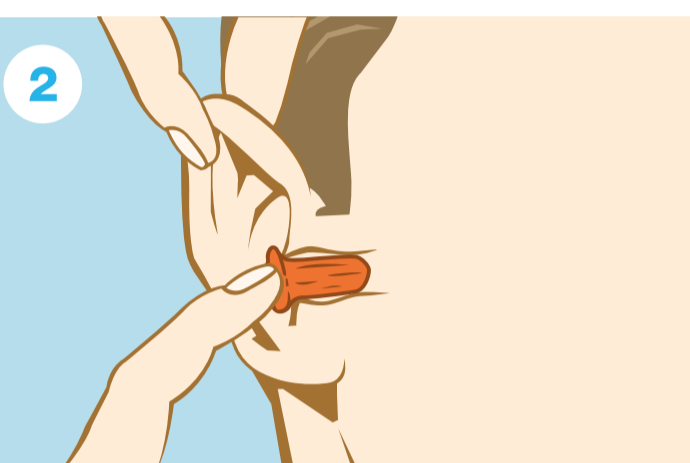


## Single-Use

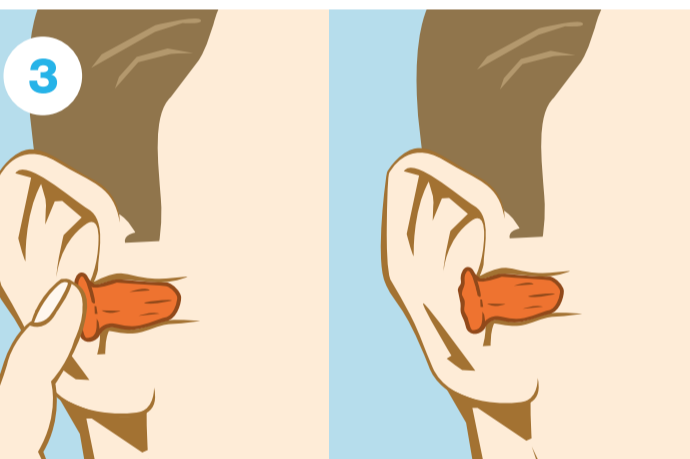
Max®



With clean hands, roll the entire earplug into narrowest possible crease-free cylinder.



Reach over your head with a free hand, pull your ear up and back, and insert the earplug well inside your ear canal.



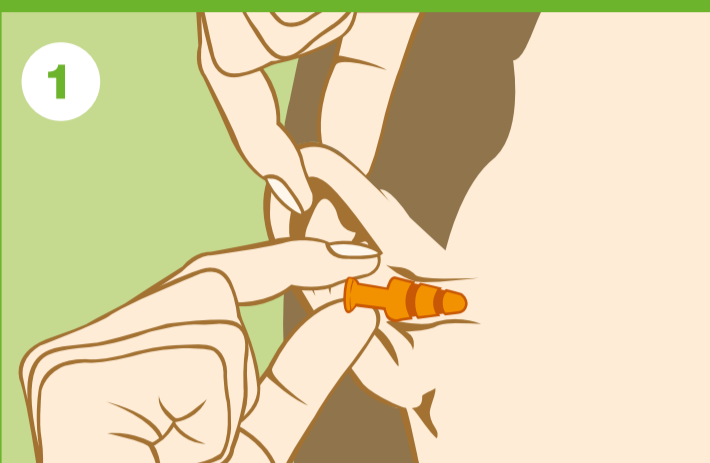
Hold for 30-40 seconds, until the earplug fully expands. If properly fitted, the end of the earplugs should not be visible to someone looking at you from the front.

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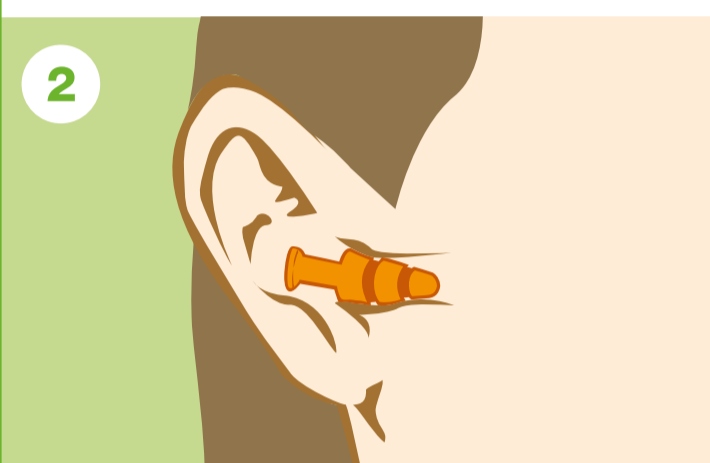


## Multiple-Use

SmartFit®



While holding the stem, reach a hand over your head and gently pull top of your ear up and back.



Insert the earplug so all flanges are well inside your ear canal.



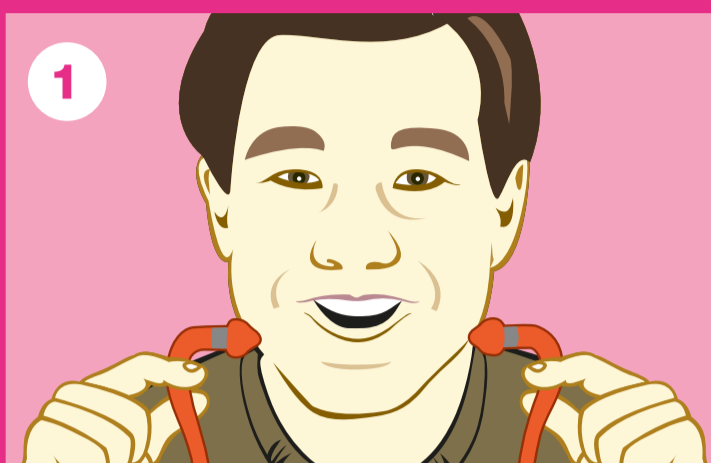
If properly fitted, the tip of the earplug stem may be visible to someone looking at you from the front.

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## Banded

QB2HYG®



Position band under your chin as shown above. Use your hands to press the ear pods well into the ear canal using an inward motion.



Protection levels are improved by pulling your ear up and back when fitting as shown.



In a noisy environment, lightly press the band inward with your fingertips as shown. You should not notice a significant difference in noise level.



Get the most out of your earplugs



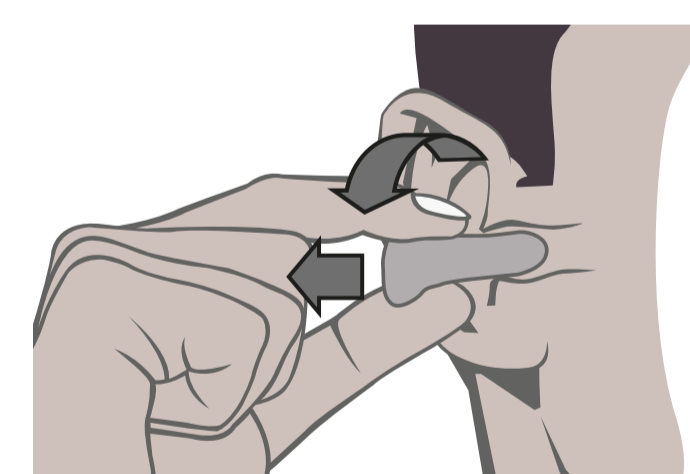
### Acoustical Check

In a noisy environment, with earplugs inserted, cup your hands over your ears and release. Earplugs should block enough noise so that covering your ears with your hands should not result in a significant noise difference.



### Proper Fit

If either or both earplugs do not seem to be fitted properly, remove the earplug and re-insert.



### Removal

Gently twist earplug while slowly pulling in an outward motion for removal.

## Keys to Successful Hearing Protection with Earplugs

### Wear

Read and follow all earplug fitting instructions.

### Selection

Avoid overprotection in minimal noise environments – in selecting the best earplug for your situation, consider noise levels and your need to communicate with co-workers or hear warning signals on the job.

### Maintenance

Inspect earplugs prior to wear for dirt, damage or hardness – discard immediately if compromised.

### Hygiene

For proper hygiene, discard Single-Use earplugs after use.

### Storage

With proper maintenance, Multiple-Use earplugs can last for 2-4 weeks; clean with mild soap/water and store in a case when not in use.

### Clean & replace

Clean and replace pods on Banded earplugs regularly.

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